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# KOSOVA JOURNAL OF SURGERY

PAPERS PRESENTED AT THE SECOND CLINICAL  
CONGRESS OF THE KOSOVA COLLEGE OF  
SURGEONS, SEPTEMBER 15-18, 2022



- RUSSELL ANDREWS: Surgery for the 21 st Century: Biomimetic Nanotechniques and Extracellular Vesicles
- LEVENT YENIAY: Oncoplastic Breast Surgery; Jorg Tessarek: Dual layer Supera for Popliteal Artery Aneurysms exclusion: Immediate and Long-Term Results and proof of concept
- SHABAN MEMETI: Comparative retrospective study for surgically treated primary VUR in pediatric patients
- GENTIAN HOXHA: Comparison of Latanoprost 0.005% and Travoprost 0.004% in Patients with Primary Open Angle Glaucoma and Ocular Hypertension
- DEMETRIUS LITWIN: Laparoscopic adrenalectomies: History, current trends, controversial topics, and surgical technique

# Kosova Journal of Surgery Growing, as Kosova College of Surgeons is Making Great Progress



**Rifat Latifi**  
Editor-in- Chief

This is issue of the Kosova Journal of Surgery, dedicated to the best papers, quick shots, and posters from the Second Clinical Congress of Kosova College of Surgeons (KCS), reflecting the progress that KCS has made in the first five years of its existence. Five years are a very short segment of time for any organization to be recognized even in the best of circumstances, unless it is backed up by major donors, big companies, or good running government. We started with the concept and desire to organize and empower surgeons, both within Kosova and in the diaspora into a College, based on the American College of Surgeons (ACS). And, as we were starting, the world was hit by COVID-19. The worst pandemic since 1918 forced us to cancel the first Clinical Congress in 2020. In fact, to my knowledge, KCS was the first surgical organization to recognize the risk of the COVID-19 pandemic and cancel its Clinical Congress. Yet we survived, became stronger, and the next year we had the First (hybrid) Congress, which was highly successful. Our persistence was a long shot, almost an impossible dream, and some would not have hesitated to say, ‘no way this

will succeed.’ There were voices that said, “we have a society for each surgical discipline, and why do we need to an umbrella organization?” But here we are now. As I wrote in the upcoming issues of our Bulletin (Volume 2, Issue 1), despite being the youngest college of surgeons in the world, the KCS has started making ardent and concerted efforts.

Of course, we have a long road ahead of us. We are a small country, but with close to 1000 surgeons, we can make a difference in the future transformation of healthcare system, by transforming surgery. Whenever surgery is advanced, other medical disciplines follow suit. Despite being centuries late, KCS will prosper like others in history. Just remember that ‘The Royal College of Surgeons of England’, was established as ‘The Company of Barber-Surgeons’ in 1540. In 1745, ‘The Barber-Surgeons Company’, at the request of the surgeons, but with the decision of the English Parliament, was divided into two bodies in the ‘Corporation (Company) of Surgeons’. Two hundred and sixty years later, in 1800, this company became the ‘Royal College of Surgeons of London’, and in 1813 it was transformed into the ‘Royal College of Surgeons of England’. A century later (1913), the American College of Surgeons was established, while a century and five years later we established the Kosovo College of Surgeons. One other great historical success, the Argentinian Academy of Surgeons, was established in 1911.

We can say that we are the youngest kid on the block. But the important thing is that we are here.

Just by being established, we have become part of the history of surgery in the world. And failure is not an option. We have our annual Clinical Congress; we have our working committees. We have our Bulletin. Each of the colleges in the world, has its own journal. So do we: The Kosova Journal of Surgery.

In this issue of KJS, the editors have selected the best papers presented at the 2<sup>nd</sup> Clinical Congress of KCS held in Prishtina last September out of 143 presentations by 111 presenters, of which 53 were from the USA, Argentina, Germany, Switzerland, Austria, and Australia, as well as from neighbouring countries, Albania, North Macedonia, Bosnia, and Herzegovina. Meanwhile, 58 presenters were local surgeons, all experts in their fields, a number we intend to increase for each Congress.

The authors depicted on this issue are world class renowned surgeons, and aspiring and future academic stars of surgery in Kosova and the region. Please spread this issue to your friends, your social media networks, and use it as a reference whenever you can in your future publications. That is how Kosova Journal of Surgery will become known.

We have one of the best international and national editorial boards, but we need to engage more, and each of us must contribute and help grow KJS. The competition in the industry, and journals supported by private publishing companies that often have peer

review processes that is much to be desired, is very serious. Open access journals around the world are backed by incredible marketing mechanisms that may suffocate smaller journals, but we need to keep going and become competitive based on the quality of the work that we publish and professionalism that we put into it to manage the journal.

We have hired a professional managing editor (Riaz Agahi, PhD), to help guide our journal to a higher level according to our plans, including making it part of search engines that we desire, for example indexing in PubMed and Scopus. The KJS will prosper and grow, in direct proportion to the growth of Kosova College of Surgeons. We at the KCS need to understand that KJS is our voice, our heart (official organ) and need to support with everything that we can. We will announce soon a few new features of the journal but let me briefly say here that starting in 2024, we will publish the Journal four times a year. One issue will be dedicated to the annual clinical congress, on to various papers, and two will be theme focused issues, based on the activities of the committees of Kosova College of Surgeons.

This is very ambitious, and for this to succeed, we need to further our medical diplomacy and collaboration with surgical colleges and societies around the world, refresh editorial board membership based on contribution to the KJS, and to ensure that we have the financial capacity to professionalize the management of the journal and of the college.